

170/100
120/80

**Vinton
Easton, Connecticut**

I have been battling hypertension for the better part of three years. In that time, I have gone from doctor to doctor, medical philosophy to medical philosophy, but nothing, neither allopathic drugs nor homeopathic remedies, ever managed to lower my blood pressure below 150/90. Further, my hypertension was labeled "labile," or erratic. In my case, that meant that my blood pressure would surge as high as 220/110, apparently without cause.

RESPeRATE's impact upon my life and health has been amazing. I found that the breathing exercises lowered my blood pressure almost from the start. And that the deepening and slowing of my breathing also had a centering and calming effect as well. Very soon I found that I looked forward to my time with the RESPeRATE.

My blood pressure decreased from a high "normal" of 170/100 to 120/80. In fact, my blood pressure has, in the past three months, become so low that my doctor has, on two occasions, lowered the amount of my medication. This morning, my blood pressure measured 117/76. And this level has now become my norm.

I don't really know how I can sufficiently praise your product.

Thanks to your product, I no longer have to fear the blood pressure cuff. The "white coat syndrome" is gone. I now can enjoy the security of knowing that, day after day, my blood pressure is safe and steady. I now have the goal that, with continued weight loss, exercise and RESPeRATE, I will one day be able to fully control my blood pressure without medication of any sort.

In the battle against high blood pressure, these individuals made certain that RESPeRATE was among their weapons of choice.

Shouldn't you?

Experience RESPeRATE today.

1-800-728-7327

“ I would not have believed the results had I not read the measurements with my own two eyes. My blood pressure has dropped from 150/90 on a good day to 120-130/80-86. This product works. That I know. ”

—Michael, North Carolina

Hear more of what hypertension patients, and doctors, are saying about RESPeRATE.

Dr. Rowena Sobczyk
Family Physician, Atlanta, Georgia
Author of the book “My Body, My Health”

My patients thank me for recommending RESPeRATE and see real results.

Dr. Art Sands
Family Physician, Fort Collins, Colorado

I have about 25 patients using RESPeRATE now. Virtually all of them that use it regularly had their blood pressure go down.

General-practice physicians
and cardiologists alike recognize
the benefits of RESPeRATE.
But what are blood-pressure
patients themselves saying?

150/95

120/75

Harry
New York, New York

I'm a 32-year-old male who was diagnosed with hypertension three years ago, with a blood pressure reading of 150/95 plus. I exercised regularly, walking and weight lifting three times a week. I have a classic Type A personality. My job is high-pressure and my work life tends to be stressful. I also travel extensively. To top it all off, I have a family history of heart disease and high blood pressure.

I started using RESPeRATE four months ago. My blood pressure is now down to 120/75. I use it four times a week for 15 minutes at a time. I enjoy using the product; it relaxes me and the time goes by quickly. I use it at work, on the train during my commute, and take it with me when I travel. It's great to use while flying. I'm a busy person but it's easy enough to find the time to use this device. **RESPeRATE is a great complement to diet and exercise. I highly recommend it.**

165/88

122/74

Paula
Chicago, Illinois

RESPeRATE has changed my life.

When I retired from work, my doctor discovered that I suffered from hypertension. My blood pressure was 210 over 110, which was just outrageous—and my doctor immediately put me on medications. I was scared because I knew high blood pressure could lead to stroke and so many other health problems.

After almost 20 years of consistently adhering to a medication regimen and a daily fitness program, my blood pressure was still high—at least 165/88—so two years ago I entered a clinical trial for RESPeRATE at the Rush-Presbyterian-St. Luke's Medical Center in Chicago.

At first I didn't believe it would really do anything, but I was completely won over. RESPeRATE did wonders for my blood pressure. By the end of the 8-week clinical trial, my blood pressure dropped down to an amazing 122/74, something neither the medication nor the exercise had ever been able to do. After the trial ended I kept my RESPeRATE device and I have been using it every single day ever since.

157/92

140/73

Sylvester
Chicago, Illinois

I have a family history of blood pressure. Both my parents suffered from high blood pressure. Because I suffer from Type 2 diabetes, I knew that even relatively mild hypertension greatly increases the risk of blindness, kidney failure, stroke and other serious conditions. When I discovered in my early 50s that my blood pressure was high, my doctor immediately prescribed medication to help control it, beginning what has become a lengthy quest to discover the most appropriate medication. Even after trying about five different medications, my blood pressure still averaged 157/92.

I have never smoked and I made adjustments to my lifestyle to help improve my blood pressure—but I still found that **I was unable to reduce my blood pressure to a safe range until I enrolled in a clinical trial for RESPeRATE.**

As I became familiar with the device I discovered that it decreased my blood pressure significantly. Over the course of the study, my blood pressure went from 157/92 to a much healthier 140/73.